

TRANSFORMATIONS OF CZECH SOCIETY – CHILD (10–17 YEARS)

TIME USE DIARY: ADDITIONAL QUESTIONS

O.0 Please fill in TODAY'S date.

diaryday	Day: <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/>	diarymon	Month: <input style="width: 20px;" type="text"/> <input style="width: 20px;" type="text"/>	2018
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orday **O.1 First we would like to know what yesterday was like for you. Was yesterday an ordinary day or was it special in any way (for example, someone in the family was ill, someone visited your home, etc.)?**

Ordinary day	<input type="checkbox"/> ₁
Special day – DESCRIBE what made it special: ordayun	<input type="checkbox"/> ₂

daytype **O.2 Yesterday was a day when I was:**

A day when I was at school or at work	<input type="checkbox"/> ₁
A day when I stayed at home due to illness	<input type="checkbox"/> ₂
Weekend, holiday, leave	<input type="checkbox"/> ₃
None of that	<input type="checkbox"/> ₄

INSTRUCTIONS TO COMPLETE THE TIME USE DIARY FOR YESTERDAY (REVERSE SIDE):

How did you spend **yesterday**? Please mark in the table **on the reverse side** what you did at the different times yesterday. The table **starts yesterday morning at six o'clock and ends this morning**. It divides your day into **half-hour** parts. Draw a line in each cell that stands for the time and the activity you did at that time. This could be one or more activities at the same time, so **there will be one or more lines in each column**. If you did an activity for more than 30 minutes, draw a line across the cells that apply. If there were 30 minutes during which you did several activities one after another, mark them all, even if any of them took less than 30 minutes.

CHILDREN – ACTIVITY AND TIME	MORNING						AFTERNOON						EVENING/NIGHT						
	6:00	7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00	23:00	
	7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00	23:00	0:00	
1 Sleeping, resting (also falling asleep and getting up)	1	—					1						1				—	—	—
2 Personal care and hygiene (washing, brushing teeth, combing, make-up, getting dressed)	2	—					2						2			—			
3 Eating (breakfast, lunch, dinner, snack)	3		—				3						3	—					
4 Traveling, commuting to/from school	4						4						4						
5 Presence at school	5			—	—	—	5	—	—	—			5						
6 Homework, preparing for school at home (studying...)	6						6				—		6						
7 Spending time, chatting, playing with friends	7						7						7						
8 Spending time, chatting, playing with family	8						8						8						
9 Internet, e-mail, social networks (Facebook, Twitter...)	9						9				—	—	9	—	—				
10 Gaming (on a computer, console, phone...)	10						10						10	—					
11 Watching TV, DVDs, movies, videos	11						11						11		—	—			
12 Listening to music, radio	12						12						12						